

## What Dental Issues Can Invisible Braces Treat?

Invisible braces can address most of the same issues as traditional bracket-style braces. These include:

- Crooked teeth
- An overbite (when your upper front teeth overlap with your lower front teeth)
- An underbite (when your lower front teeth are in front of your upper front teeth instead of behind them)
- An open bite (when your upper and lower teeth do not meet)
- Spaces or gaps between teeth
- Overcrowded teeth that push against each other, forcing them out of a straight alignment

## What Dental Issues Can't Be Treated With Invisible Braces?

Clear aligners have some limitations. They are not able to address the following types of dental issues:

- Cosmetic flaws related to the shape of your teeth
- Positional abnormalities that require teeth to rotate more than 20 degrees
- Spaces or gaps beyond about 6 millimeters (about one-quarter of an inch)
- Cosmetic issues requiring the raising (intrusion) or lowering (extrusion) of teeth

You also may not be able to use invisible braces if you have previously had certain types of dental work done. For example, aligner systems may not work with dental bridges.

## The Benefits of Invisible Braces

According to dental professionals, invisible braces offer the following benefits:

- They are discreet and removable
- Invisible braces do not interfere with speech or pronunciation
- They are comfortable and painless
- Many options allow you to straighten teeth at home
- In many cases, they achieve permanent results faster than traditional bracket-style braces

People who use invisible braces also face far fewer limitations on the foods they are able to eat. For example, people wearing traditional braces cannot eat things like corn on the cob, apples, popcorn, hard candy, gum, and other sticky or chewy items. Since they are removable, invisible braces allow you to continue to eat and enjoy all your favorite foods.

Some studies have also linked invisible braces with better tooth and gum health, relative to people who use traditional braces. Research shows that their removability, which allows patients to continue to brush, floss, and use mouthwash to access every nook, cranny, and surface in the mouth, can contribute to better oral health.

## Do Invisible Braces Pose Any Risks or Drawbacks?

Clear aligners pose few risks and drawbacks, but there are a few to be aware of. They include:

- Occasional, temporary feelings of pressure or mild discomfort when switching to a new dental tray
- Invisible braces require regular, disciplined use to generate lasting results
- They are mainly used to treat mild cosmetic dental issues and have limited utility when it comes to addressing more complex structural issues

Invisible braces also tend to be somewhat more expensive than conventional braces. Many factors influence costs, including the duration of treatment and the complexity of the cosmetic issue you are trying to solve.

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However, insurance covers many top invisible braces brands like Invisalign, SmileDirectClub, and Byte. Some dental insurance plans par while others do not. So, if you're unsure whether your dental plan covers them, check with your provider.

## How Much Does Invisalign Cost?

Invisalign is one of the best-known clear aligner systems, but it's also one of the most expensive. There are many Invisalign alternatives; unlike Invisalign, competitors like SmileDirectClub and Byte can straighten your teeth entirely from home.

Provider	Cost of Standard Treatment	100% At-Home Treatment
Invisalign	\$3000-\$7000	No
SmileDirectClub	\$1950	Yes
Byte	\$1895	Yes

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Best Overall


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## Smile Direct Club

**Just \$3/day with guaranteed financing**

- ✓ Free 30-second Smile Assessment
- ✓ Finish treatment in as fast as 4 months
- ✓ Earn \$100 if you get a friend to sign up
- ✓ Free impression kit with code AFFSMILE18

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## Byte

**Only \$83 per month**

- ✓ Average treatment of 3-6 months
- ✓ \$14.95 Impression Kit + \$100 off Aligners
- ✓ Use Code 05HOTSUMMER100BBP

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**ALIGNERCO**


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## Alignerco

**Save \$250 with promo code SAVE250**

- ✓ Financing available without credit check
- ✓ Just \$86 per month
- ✓ Treatment averages 6-12 months

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**CANDID**


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## Candid

**\$500 off pre-purchase with code YOURMOVE**

- ✓ Care from orthodontists not dentists
- ✓ Only \$99 per month
- ✓ Typical treatment time of 6 months

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## NewSmile

**Save \$100 with code MYSTUFF**

- ✓ Retainers and teeth whitening available
- ✓ As low as \$84/month